

CONFIRMATION SAINT PAPER INFORMATION

Confirmation is a special gift of Christ through the Church, designed to empower us to better live out the Gospel call to each one of us. Part of that calling is to recognize ourselves as members of Christ's Body the Church, and to live that out, as we were created to do.

Fundamentally, we were created to be saints! This is how we are to live out our calling and our purpose. Any life that is not lived in pursuit of sainthood is a life that is not doing what it is supposed to do. We are created to be united with God forever in heaven, in a perfect communion with all the saints of history. We might not all be called to be famous saints, but we are all called to be saints nonetheless.

For this reason, the Church has urged that we embrace a Confirmation saint to be a guide and intercessor on our life's journey to heaven. We need all the help we can get! This saint can be someone whose life and/or teaching you look up to or embrace. Perhaps the saint shares a common interest or passion that you do. Perhaps instead, that saint shares a trait or patronage that you desire for your own life; you may wish to humbly ask their intercession for that particular trait or virtue.

Choosing a Confirmation saint is an important aspect of the experience of preparing to receive the Sacrament of Confirmation. It is important understand the life of that particular saint (or saints) to allow the relationship between you and the saint to flourish all the more, especially during these preparation months. Part of aiding in this process is the requirement of a Confirmation Saint paper.

- This paper should be both a biography and a spiritual reflection. It should include the basics of the saint's life, and it should also include the reason(s) that you are choosing them to be your Confirmation saint.
- The saint paper should be **a full page, double-spaced and typed**
- It should include your **name and the date**
- **Papers that do not meet the above requirements will not be accepted.**